

COSTA RICA

EXAMPLE OF TRAVEL ITINERARY





EXAMPLE of TOUR Costa Rica



01. SAN JOSE'

Take a walk along the **Central Avenue**, enjoy some fresh air at **Parque Morazan**, enter the **Bourbon market**, where there are no tourists, only fruit and vegetables of all kinds. Take a trip to the park of **La Sabana** on Sunday to have a chat with local people. In **Barrio Amon**, in the city center, you can admire colonial architecture and try interesting restaurants. Dedicate a Saturday morning to the farmers' market in **Plaza Viquez** or to the park of **Barrio Aranjuez** with organic products and street artists.

02. PUERTO VIEJO DE TALAMANCA

On the Caribbean coast, Puerto Viejo is a Jamaican enclave, surrounded by banana crops, lush mountains of rainforests and a dreamy sea, with fine sand and enchanting colors and palms. Among the most beautiful beaches in the area are **Punta Uva** and **Cahuita**, with the natural park behind the beach. Here you can spot hood monkeys, sloths, various insects, mapaches, birds of all kinds ... also you can **snorkel** and visit the **sloths orphanage**, where the puppies that have lost their parents are housed.



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03. MANUEL ANTONIO

In addition to being one (perhaps the only) **gay friendly** resort in the country, Manuel Antonio is also an ideal destination for the more adventurous of you. In fact, you can do various activities such as **surfing**, walks in the wonderful **natural park**, with colorful birds, monkeys, frogs, spiders, iguanas and so on ... But it's also an ideal destination for **sunbathing**, lying on **fine and clear sandy beaches**. From the hills in front of the beaches you can observe **breathtaking views**, especially at sunset.

04. SANTA TERESA

In the Nicoya Peninsula, overlooking the Pacific, the beaches of Santa Teresa and Malpais, on one hand, Montezuma, on the other, are the beaches of the most southwestern tip of the peninsula ... and they are an enchantment! Reachable by jeep, Santa Teresa and Malpais are the home of the **surfers**, Montezuma of the **hippies**. These are the ideal places to find contact with yourself, free of schedules and constraints. Enjoy the silence and the panorama.

05. ARENAL E MONTEVERDE

Arenal is one of the most spectacular **volcanoes** in the country, above all because at its foot you can immerse yourself in **naturally warm thermal waters**.

Monteverde and Santa Elena are immersed in the **cloud forest** (in the clouds). Here you have to try the **canopy**, **cross wooden bridges**, **climb a giant tree** passing inside the trunk (!) and much more.



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